

WHAT'S THE BIG DEAL WITH GLUTEN?

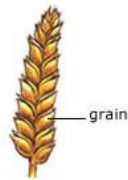
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VOCABULARY

Cereals



wheat



ear of wheat



rye



barley



maize (BrE) / corn (NAme)



rice



oats



millet

BIG DEAL: something that is very important.

Ex. *This was a really **big deal** for me.*

RECENTLY: not long ago

Ex. *I received a letter from her **recently**.*

DIETARY: related to your diet.

Ex. *This kind of **dietary** behaviour needs to be stopped immediately.*

CRAZE: an activity, object or idea that is very popular for a short time.

Ex. *The new dance **craze** is spreading.*

INSOLUBLE: not able to be dissolved in a liquid.

DOUGH: flour mixed with water, and other ingredients that is baked to make bread, cookies, etc.

TO MOUNT: to activate; to launch.

MILD: not strong in action or effect.

Ex. *Your friend had a **mild** heart attack.*

TO IMPAIR: to make something weaker or worse.

Ex. *Smoking can **impair** your health.*

RASH: a lot of small red spots on the skin that is caused by an illness or a reaction to something.

FORTUITOUS: happening by chance; not planned.

Ex. *My presence here is **fortuitous**.*